

About West CAP

Helping families overcome poverty and achieve self sufficiency in Barron, Chippewa, Dunn, Pepin, Pierce, Polk and St. Croix counties.

***Mission:** To take action against poverty by developing the social and economic assets of low-income families and their communities and by working to create a more just and*

Housing Assistance Programs: Homeless prevention programs provide one-time assistance with rent or utilities, as well as transitional housing for people experiencing homelessness. Homeownership services include Homebuyer Education and Foreclosure Intervention workshops and financial assistance for down payment and closing costs or foreclosure prevention.

Community Housing & Development Organization: Provides high quality, energy efficient and affordable housing in local communities and offering affordable rental opportunities in western Wisconsin.

Weatherization: Provides whole house services to low-income homeowners and renters, including weatherization energy audits, and repairs.

Transportation: The JumpStart program helps low-income families solve their job and family transportation needs by assisting in the purchase of good quality, fuel-efficient cars.

Adult Education: Our Literacy & Skills Enhancement programs assist adults to improve their literacy and pursue job training to increase their ability to earn living wages and access health insurance benefits.

West CAP is an equal opportunity organization and no otherwise qualified applicant for service or service participant shall be excluded for participation, be denied benefits, or otherwise be subject to discrimination in any manner or on the basis of race, color, national origin or ancestry, sex, religion, age, political belief or affiliation, disability or association with a person with a disability. This policy covers eligibility for the access to service delivery, and treatment in all of the programs and activities.

**West CAP appreciates
donations and volunteers to
help low-income families and
their community.**



**West Central Wisconsin
Community Action Agency,**

525 Second Street — P.O. Box 308
Glenwood City, WI 54013
715.265.4271 or 1.800.606.9227
Fax 715.265.7031
www.westcap.org



Food Access & Resources



1.800.606.9227
www.westcap.org



Food Access & Resources

Food Pantry

West CAP's Food Access & Resources program supports a network of local food pantries, a soup kitchen and emergency shelters that provide food assistance for low-income families.

In addition to providing support and coordination to various local outlets, West CAP operates a food pantry at 823 Main Street in Boyceville. This pantry serves the residents of the Glenwood City and Boyceville Area School Districts. Recipients of the pantry can receive an assortment of canned goods, cereals, meat, frozen foods, fruit and vegetables, as well as an assortment of personal care items. The

Household Size	Monthly Gross Income
1	\$1,872
2	\$2,538
3	\$3,204
4	\$3,870
Each additional member	Add \$666

food package is designed to meet the family's nutritional needs for a period of 3-5 days.

Our emphasis is on building partnerships with community groups to meet local food emergency needs and ensure access to quality food. We also work closely with similar efforts across Wisconsin and the nation.



Pantry is open every Thursday 3:00-7:00pm and Friday 9:00am-1:00pm

823 Main Street, Boyceville

If you have any questions, or would like to sign up, contact Melissa Larson, Food Access & Resource Manager at 715-977-1191 or email mlarson@wcap.org

Commodity Supplemental Food Program (CSFP)

The Commodity Supplemental Food Program (CSFP) provides a monthly supplemental food package to help improve the health of low-income seniors. The program is open to any senior that is age 60 or older and has a gross monthly income at or below the following income guidelines:

Household Size	1	2	3	4	Each additional member
Monthly Gross Income	\$1,316	\$1,784	\$2,252	\$2,720	Add \$468

The monthly food packages typically include: canned fruit and vegetables, juice, dry or canned milk, cheese, canned meat, peanut butter or dried beans, cereal and grains, rice, instant potatoes or pasta.

Senior Farmers Market Nutrition Program (SFMNP)

Senior Farmers' Market vouchers are offered to seniors to purchase fresh, locally grown fruits, vegetables and herbs from certified farmers at participating markets. The program is open to any senior that is age 60 or older and has a gross monthly income at or below the following income guidelines:

Household Size	1	2	3	4	Each additional member
Monthly Gross Income	\$1,872	\$2,538	\$3,204	\$3,870	Add \$666

Farmers Market

The Menomonie Farmers Market began in 2000. It has become a profitable marketplace for farmers to generate extra income, and a convenient opportunity for consumers to purchase fresh products directly from area farms. A typical market day has 40-50 vendors selling products such as vegetables, fruit, eggs, meats, cheese, baked goods and handmade crafts. Inquires about the market may be directed to Veronika at 715-641-0050 or by email at manager@menomoniefam.org



Back Pack Program

Glenwood City and Boyceville Elementary families can sign up for the Back Pack Program through the school nurse. Each week a back pack of food is sent home with participating children to help with weekend meals. Last year we served an average of 64 households with approximately 7 pounds of food per back pack.

